

Bullying's Lesson Plan (Chapter 4, Module 2, Lesson 13)

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> 1. Foster a sense of community where all know each other and feel comfortable in each other's presence 2. Establish guidelines for respectful and effective communication and collaboration within the group. 	<p>Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).</p>
10 mins	<ol style="list-style-type: none"> 1. Define bullying and identify its various forms 2. Recall ways to deal with experiencing bullying 3. Name some resources that address bullying 4. Identify ways to help someone experiencing bullying 5. Recall impacts of bullying 	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> • What does the word "bullying" mean to you? • How do you think bullying affects a person's feelings about themselves? • What are some different forms of bullying you're aware of? • What are some ways you can support someone who is being bullied? • Why do you think some people bully others?
10 mins	Practice effective strategies for intervening when witnessing bullying	Small group role play about how to support someone who is experiencing bullying
5 mins	Each student is able to state at least one thing they will take away from the lesson	Ask students "What is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.
Materials Required: Flip Chart/Whiteboard/Blackboard + Pen/Marker		