

Conflict Resolution's Lesson Plan (Chapter 3, Module 4, Lesson 11)

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> 1. Foster a sense of community where all know each other and feel comfortable in each other's presence 2. Establish guidelines for respectful and effective communication and collaboration within the group. 	<p>Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).</p>
10 mins	<ol style="list-style-type: none"> 1. Define conflict and identify ways to resolve conflict 2. Illustrate how one can manage their anger 3. Explain what is assertiveness 4. Recall different communication styles and the importance of assertiveness 	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> • What does the word "conflict" mean to you? • Can you describe a time when you had a disagreement with someone? How was it resolved? • What are some ways people can handle conflicts peacefully? • Do you think it's important to listen to others' perspectives during a conflict? Why or why not? • What are some strategies you can use to calm down when you're feeling upset during a conflict?
10 mins	Identify whether a behaviour is aggressive, assertive, or passive	Large group discussion about different forms of communication
5 mins	Each student is able to state at least one thing they will take away from the lesson	Ask students "What is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.
Materials Required: Flip Chart/Whiteboard/Blackboard + Pen/Marker		