

Consent in Sexual Relationships' Lesson Plan (Chapter 5, Module 4, Lesson 17)

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> 1. Foster a sense of community where all know each other and feel comfortable in each other's presence 2. Establish guidelines for respectful and effective communication and collaboration within the group. 	<p>Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).</p>
10 mins	<ol style="list-style-type: none"> 1. Recall the age of consent in Canada 2. Explain and identify what is and what is not consent 3. Define Stealthing 	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> • What does consent mean to you? • Can someone give consent if they are under the influence of drugs or alcohol? • Is it okay to assume someone has consented if they don't say "no"? • Is it possible for someone to change their mind about consent during a sexual activity? • Can someone give consent if they feel pressured or intimidated?
10 mins	Apply the knowledge of consent to real life scenarios	Large group discussion about what is consent
5 mins	Identify what is and what is not consent	True or false questions about consent
5 mins	Each student is able to state at least one thing they will take away from the lesson	Ask students "What is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.
<p>Materials Required: Flip Chart/Whiteboard/Blackboard + Pen/Marker</p>		