

**Peer Pressure's Lesson Plan (Chapter 4, Module 1, Lesson 12)**

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> <li>1. Foster a sense of community where all know each other and feel comfortable in each other's presence</li> <li>2. Establish guidelines for respectful and effective communication and collaboration within the group.</li> </ol>	<p>Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).</p>
10 mins	<ol style="list-style-type: none"> <li>1. Define Peer Pressure and recall its different types</li> <li>2. Recognize ways to deal with peer pressure</li> </ol>	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> <li>• What does the term "peer pressure" mean to you?</li> <li>• Do you think peer pressure can be positive sometimes? Why or why not?</li> <li>• What are some ways you can resist peer pressure?</li> <li>• How do you think peer pressure can influence our choices and behaviors?</li> <li>• Who do you think can help you resist negative peer pressure? Why?</li> <li>• Why is it important to make your own decisions, even if your friends think differently?</li> </ul>
10 mins	<p>Apply the knowledge to deal with peer pressure to a real life scenario</p>	<p>Large group discussion about ways to deal with peer pressure</p>
5 mins	<p>Each student is able to state at least one thing they will take away from the lesson</p>	<p>Ask students "What is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.</p>
<p><b>Materials Required:</b> Flip Chart/Whiteboard/Blackboard + Pen/Marker</p>		