

### What is Communication's Lesson Plan (Chapter 1, Module 2, Lesson 2)

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> <li>1. Foster a sense of community where all know each other and feel comfortable in each other's presence</li> <li>2. Establish guidelines for respectful and effective communication and collaboration within the group.</li> </ol>	Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).
10 mins	<ol style="list-style-type: none"> <li>1. Recall important communication skills</li> <li>2. Explain different forms of communication</li> <li>3. List the ways in which a communication can be improved</li> </ol>	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> <li>• Why is it important to listen when someone is speaking?</li> <li>• How can we express our ideas clearly when talking to others?</li> <li>• What does it mean to be respectful when communicating with someone?</li> <li>• How can we use words and actions to show kindness when talking to others?</li> </ul>
10 mins	Explain the importance of effective communication and practice skills for clear and respectful communication	Small group discussion about communication
5 mins	Reflect on the impact of communication on real life	Large group discussion about communication
5 mins	Each student is able to state at least one thing they will take away from the lesson	Ask students “ what is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.

**Materials Required:** Flip Chart/Whiteboard/Blackboard + Pen/Marker