

What is Sex's Lesson Plan (Chapter 5, Module 2, Lesson 15)

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> 1. Foster a sense of community where all know each other and feel comfortable in each other's presence 2. Establish guidelines for respectful and effective communication and collaboration within the group. 	Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).
10 mins	Define different types of sex	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> • What does the term "sex" mean to you? • Why do you think it's important to learn about sex? • Have you learned about sex? Where and from Whom? • What are some topics you think are important to learn about when it comes to sex? • Do you think it's important to learn about sex from reliable sources? Why or why not?
10 mins	Explain the importance of reliable sources in learning about sex. List reliable resources.	Large group discussion about reliable sources
5 mins	Each student is able to state at least one thing they will take away from the lesson	Ask students "What is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.
Materials Required: Flip Chart/Whiteboard/Blackboard + Pen/Marker		