

Consent's Lesson Plan (Chapter 1, Module 3, Lesson 3)

Duration	Objective	Activity
5 mins	<ol style="list-style-type: none"> 1. Foster a sense of community where all know each other and feel comfortable in each other's presence 2. Establish guidelines for respectful and effective communication and collaboration within the group. 	<p>Introduce yourself and have students introduce themselves if they do not know each other. Start with a list of rules and have students add (large group activity).</p>
10 mins	<ol style="list-style-type: none"> 1. Define consent 2. Recall some of the non-verbal signs that indicate lack of consent 	<p>Questions and discussion: Ask the pre-assessment questions. If youth cannot provide the answers, fill the gaps with a lecture/video.</p> <p>Pre-assessment questions:</p> <ul style="list-style-type: none"> • How can you ask for permission before doing something? • Why is it important to listen to someone when they say "no"? • How can you show that you understand and accept someone's decision?
15 mins	<p>Recognize what non-verbal signs indicate consent and which ones indicate a lack of consent when observed in others</p>	<p>Large group Game of Charades about non-verbal signs of consent/lack of consent</p>
5 mins	<p>Each student is able to state at least one thing they will take away from the lesson</p>	<p>Ask students “ what is one thing you learned today? How will you use what you learned? Ask everyone to name one thing. Show a video highlighting key concepts.</p>
<p>Materials Required: Flip Chart/Whiteboard/Blackboard + Pen/Marker</p>		